


Title of Seminar	<p style="text-align: center;"><i>Kazemizer Shark™</i> Full Body Workshop</p>
<p>Presenter biography</p> 	<p>Mohsen Kazemi RN, DC, FRCCSS(C), DACRB, FCCPOR(C), MSc., PhD, Acupuncture</p> <p>Dr. Kazemi graduated from CMCC (Canadian Memorial Chiropractic College) in 1996 and is a Professor of Clinical Education and coordinator for the Sports Sciences Residency program. He is a Fellow of Royal College of Chiropractic Sports Sciences (Canada), Fellow of College of Chiropractic and Physical and Occupational Rehabilitation (Canada) and has practiced acupuncture for 20 years. He has successfully defended his PhD thesis, “What makes Sparing Taekwondo athlete successful” through South Wales University. He has published several articles in peer-reviewed journals and presented research in Taekwondo and chiropractic worldwide. He is assistant editor of the Journal of Canadian Chiropractic Association and associate editor for Acta Taekwondo et Martialis Artium (ATMA). He has authored the first complete book on vibration plate exercise programs, (“Vibration Plate Exercise”).</p> <p>He is the inventor of the VMTX Vibromax Therapeutics® soft tissue technique, the Kazemizer, a portable exercise device that assists in the prevention of lactic acid build-up, and the Kazemizer Shark®, an instrument assisted soft tissue therapy mobilization tool.</p> <p>He has been the appointed Alternate Chiropractor for Core Canadian Health Care Team for the Salt Lake City 2002 Winter Olympics, Manchester 2002 Commonwealth Games, Rio 2007 Pan American Games and Beijing 2008 Olympic Games; served as the Core Canadian Medical Team Chiropractor at Santa Domingo 2003 Pan American Games and Canadian Taekwondo team Chiropractor at Beijing 2008, and Rio 2016 Olympics. He was appointed Chiropractor to Mount Cypress at 2010 Winter Olympic Games, the only Canadian Chiropractor at the first Youth Olympic Games, Singapore, 2010, and Chiropractor at 2011 and 2015 Pan am Games. He has been the medical Chair for Ontario Taekwondo Association since 2003, Taekwondo Canada Medical Chair 2009-10 and High-Performance IST (Integrated Support Team) coordinator 2015-2016. He has served as travelling team doctor and team chiropractor with Canadian Taekwondo National team since 1998. He holds a 7th degree black belt in Taekwondo. He has been Canadian Poomsae Taekwondo Champion for several years, Champion at Commonwealth poomsae 2017 and World Taekwondo Hanmadang in 2008, Silver medalist at Commonwealth Taekwondo Championships 2008, World Cup Poomsae 2019, and Pan Am TKD championships</p>

	2022, bronze medalist Pan Am Taekwondo Championships 2012, 2014, 2016, 2018 and 2020.
Seminar information	
<p><u>Short seminar overview</u></p> <p>Kazemizer Shark™ Parts</p>  <p><u>Seminar Goals</u></p>  <p><u>Monday Morning you will be able to</u></p> 	<p>During this hands-on workshop you will learn how to use Kazemizer Shark® tool for treatment of various conditions from neck to toe. Dr. Kazemi will provide a brief introduction on the state of research in Instrument Assisted Soft Tissue Mobilization (IASTM) and effectiveness as well as the principles of treatment. He will demonstrate and guide you through each procedure. You will have ample opportunity to practice with a partner and receive personalized feedback. Review of the material learned as well as a question and answer period will end the workshop.</p> <ul style="list-style-type: none"> • To understand indications and contraindications to IASTM • To be informed of the evidence on IASTM • To learn how to use a Kazemizer Shark® and the principles of IASTM • To learn various IASTM moves and treatments <p>On Monday You will be able:</p> <ul style="list-style-type: none"> • To assess for adhesion and scar tissue using Kazemizer Shark® • To communicate indications and or contraindications to IASTM to your patients • To effectively provide IASTM to your patients <p><u>BODY REGIONS AND PARTS COVERED IN THIS SEMINAR</u></p> <p>CERVICAL SPINE THORACIC SPINE LUMBAR SPINE PELVIS UPPER LIMB</p> <ul style="list-style-type: none"> • HAND & WRIST • ELBOW • SHOULDER <p>LOWER LIMB</p> <ul style="list-style-type: none"> • Hip • Knee • Ankle and foot



Detailed hour by hour schedule



Schedule for the day

8:30- 10:45am	Introduction to evidence for Instrument Assisted Soft Tissue Mobilization and Neck treatment protocols
10:45- 11:00	Nutritional break
11:00-12:30	Upper Back and Upper limb treatment protocols
12:30-1:30pm	Lunch
1:30-3:00	Upper limb and Lower limb treatment protocols
3:00-3:15	Nutritional break
3:15-4:30	Lower limb treatment protocols
4:30-5:00	Review & questions

Cost: \$600.00 + HST= \$678.00 for Full body seminar + Kazemizer Shark® tool + HST
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